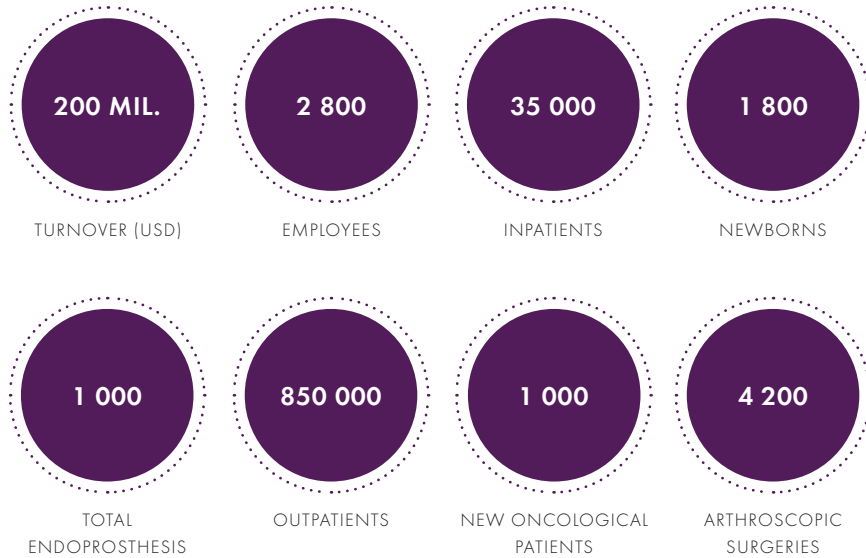




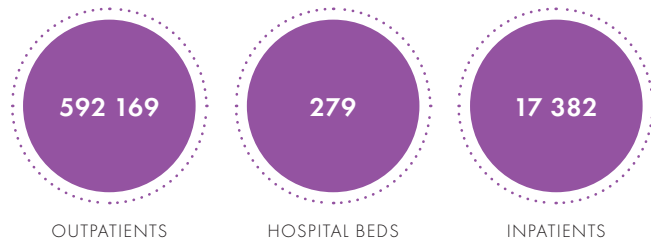
YOUR GUIDE ON THE WAY TO PLASTIC SURGERY

PATIENT HEALTH,
HUMANITY,
HELPFULNESS

HIGHLIGHTED DATA FOR 2021



DATA FOR HOROVICE HOSPITAL



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HOROVICE HOSPITAL

SURGICAL DEPARTMENT

AT THE HOROVICE HOSPITAL, PLASTIC AND AESTHETIC SURGERY IS MAINLY PERFORMED UNDER GENERAL ANAESTHESIA (MORE COMPLEX OPERATIONS WITH A SHORT HOSPITALISATION IN A NON-STATE HEALTHCARE FACILITY).



In the case of minor procedures under local anaesthesia (selected outpatient procedures), these are performed directly in the physician's office.



Our primary concern is your maximum satisfaction. We are not an "aesthetic surgery factory", and we are able to meet the needs of our clients on a very individual basis. You can rest assured that we always apply in our clinical practice the latest trends and use the highest quality materials. We also perform selected corrective dermatology procedures.

Horovice Hospital also has its own anaesthesiology and resuscitation department which provides comprehensive medical care for all patients throughout the period before, during and after surgery requiring general anesthesia.

SPECIFICS OF SURGICAL DEPARTMENT AT HOROVICE

COMPREHENSIVE CARE

We offer a wide range of plastic and aesthetic surgery, under both general and local anaesthesia, with or without hospitalisation.

TRANS-REGIONAL ACTIVITIES

We accept patients from all regions of the Czech Republic and abroad without the need for any referral.

SYSTEM

We work efficiently and flexibly, and we set out a plan for several months in advance (including specific dates of surgery). We respect the patient's right to privacy, and we strive to minimise disruption to the patient's family and working lives. We appreciate your time and therefore always try to meet your requirements as quickly as possible.

STANDARDISATION OF CARE

Standard procedures generate standard results. The standard is set and monitored as a part of our department's accreditation. Despite set standards, our approach to the patient is individual.

OPTIONAL CHOICES

If capacity allows, we offer our patients the choice of superior single rooms.

DEPARTMENTAL ARCHITECTURE WITH RECEPTION

The patient has the possibility to maintain constant contact with the nurse; the nurse is always available. In the case of hospitalisation, the client is under the constant supervision of our healthcare staff.

FAMILY CARE

The surgery is important, but the patient only becomes truly aware of it much later. The care of the nursing staff and the feeling patients take away from the department are more immediate.

SPECTRUM OF PLASTIC SURGERY PROCEDURES

FACELIFT

Natural tightening of the skin on the face and neck. The surgery will smooth the sagging skin in front of the earlobes, in the lower cheeks region ("hamster cheeks"), and on the front of the neck.

BREAST AUGMENTATION WITH SILICONE IMPLANTS

Breast augmentation, correction of asymmetry, and the correction of a slight degree of breast sagging with silicone implants.

BREAST MODELLING

This is an operation that can improve the shape of sagging breasts. It produces good results in terms of breast shape.

ABDOMINOPLASTY

Reshaping the abdomen by reducing excess fat in the lower abdomen. Possibility to correct diastasis recti.

LIPOSUCTION

The suction of excess subcutaneous fat in typical locations (hips, abdomen, and thighs) with a liposuction cannula.

COMBINATION OF PROCEDURES

Some procedures can be combined. This option always depends on an agreement between the operator and the client.

More aesthetic and plastic surgeries are performed in the physician's private office.



END-TO-END PROCESS

HOROVICE HOSPITAL

1 CONSULTATION WITH A PHYSICIAN

The first stage in the application process for plastic or aesthetic surgery is a consultation with a competent physician, who will assess the client's state of health and suitability for surgery.

As standard, the consultation takes place via email before the client arrives in the Czech Republic, and always through the Medical Tourism Coordinator. Before the consultation, the client will provide photographs of their body part to be operated on and completed questionnaires specifying their state of health, where they will also specify their other requirements.

2 SCHEDULING OF HOSPITALISATION

If surgery is indicated, a date will need to be scheduled. Before their arrival, the client will also receive a list of things to bring with them and information about registration and admission.

a. Date of Surgery

After consultation with the physician and the indication for surgery, the patient shall choose the date. In addition, the client will be advised of the total length of stay in the Czech Republic for possible follow-up checks. The client must arrive in the Czech Republic **at least 2 days prior to admission to hospital** for pre-operative examinations performed at the hospital.

b. Special Requirements

In the case of special requirements other than those indicated in the questionnaire by the patient, these must be communicated before the advance payment is made. Furthermore, we are happy to help our clients with their visa applications.

c. Pre-operative Examinations

The pre-operative examination will first be performed in the client's country and must not be older than 1 month before the scheduled procedure. After the examination is performed, the client is obliged to send us the examination results immediately. The second pre-operative examination will be performed in our hospital before the actual surgery.

A list of and request for pre-operative examinations, including information on medications that must not be taken prior to the orthopaedic procedure, will be provided to the client well in advance.

d. Advance Payment + Agreement

Before arriving in the Czech Republic, the client is required to pay the invoiced advance of 30% of the total amount due for the ordered services. Only after the payment is credited to the hospital's account is the date of hospitalisation confirmed. In addition, the client is required to sign the Client Agreement and return one copy. The Client Agreement includes attachments, such as informed consents that the client is required to read in advance.



3 TRANSPORT

Transport will be waiting at the airport to take the client to the hospital for admission upon their arrival in the Czech Republic. When the agreed period of hospitalisation comes to an end, transport is also arranged to a location within the surrounding area pre-specified by the client.

4 HOSPITALISATION

After plastic surgeries under general anaesthesia, short-term hospitalisation within 1-2 days in the surgical department is required in almost all cases. For each individual procedure, clients will be provided with information about the given surgery separately.

Daily medical rounds are a standard part of hospital care. Additionally, for 2 hours a day the client has at their disposal a medical concierge who accompanies them to pre-operative examinations and interprets between the client and hospital staff. Additional hours for the concierge service are governed by the applicable price list.

If additional above-standard services, or services beyond the scope of healthcare provision under the Agreement have been ordered, the client must pay for such services at the hospital's cash desk on the day before the end of their hospitalisation.

a. Pre-operative Examinations

Prior to the actual procedure, a pre-operative examination must be performed in the hospital to determine possible contraindications to surgery and their resolution.

During the pre-operative examination before the procedure, the client is accommodated outside the hospital, and the cost of this accommodation is covered by the hospital. In the case of contraindications to surgery detected by the pre-operative examination which require prolonging the stay as part of the pre-operative examination, the client will subsequently pay for this accommodation themselves.

b. Admission to the Hospital

On the day of the pre-operative examination, the client must register at the surgical department, where they will be informed of the hospital's regulations and then pay the outstanding amount for the medical services they have ordered. The next day, a consultation with the surgeon and anaesthesiologist will take place.

c. Initiation of the Therapy Programme

The initiation of the therapy programme begins on the pre-operative examination day. Admission to the hospital is then scheduled for the morning of the day of surgery. On admission, the client is examined by the surgeon and anaesthesiologist, and informed of the therapy plan.

d. Meals

Our clients are provided with full board during their hospitalisation. The patient may choose from two courses; at the weekend they have only one choice. At the same time, the client's diet and the recommendations of the nutritional therapist are taken into account. Dietary restrictions are particularly relevant to the post-operative phase.

e. Surgery

Procedures are performed under general anaesthesia and surgeries typically last between 1-3 hours, depending on the type of surgery.

f. Termination of Hospitalisation

As a part of the exit examination by the surgeon, the client receives a discharge medical report in Czech and instruction from the physician. The medical report is automatically sent in English within 5 working days of the termination of hospitalisation.

5 CLIENT CARE

Because the health of our clients is so important to us, we continue to keep in contact with them even after their hospitalisation has ended and remain fully available to them whenever needed.

INFORMATION ON ADMISSION TO THE SURGICAL DEPARTMENT

**WE APPRECIATE IT VERY MUCH THAT YOU HAVE CHOSEN
OUR FACILITY FOR YOUR THERAPY, AND WE HOPE YOU
WILL BE SATISFIED WITH THE CARE PROVIDED BY US.**

We would like to provide you with some important information regarding the organisation of your stay at Horovice Hospital.

Before providing you with healthcare (a pre-operative examination), you and the medical concierge will go to the reception at the surgical department, where you will register. You will then be given a list and a timetable of the individual pre-operative physical examinations, to which you will be accompanied. Again, please note that you cannot be accommodated in the hospital during pre-operative examinations. If you are not using the accommodation in the hospital flats, transport from your place of accommodation to the pre-operative examination at the hospital will be provided.

It is always important to arrive for a scheduled procedure early in the morning on the day of surgery.

Do not leave your room unnecessarily on admission day, but inform the nurse on duty if you must do so. What you can expect on the first day of your stay:

- Preparation of the basic documentation, i.e. a medical history, and an anaesthetic examination where you will agree on the most appropriate form of anaesthesia.
- Afterwards, the admission nurse will take your nursing anamnesis in the surgical/inpatient department and familiarise you with the running of the department. Then you will be admitted by the attending physician, who will further familiarise you with the surgery and its course.
- Please give all your medications in their original packaging to the nurse. During hospitalisation all medications must be taken under the supervision of the attending physician and administered by a nurse. If you are taking dietary supplements, you may only take them during your hospitalisation with the approval of your attending physician.

After midnight on the day before surgery, the patient should not eat, drink, or smoke.

Your daily diet is prepared by a team of experienced nutritional therapists. No meal is served on admission day due to surgery being performed on the same day. On the day of discharge, the department's meals end with breakfast.

Payments for surcharged extra services at the hospital can be made by credit card, bank transfer, or cash at reception on the day before the termination of your stay.

Visits to the department are only possible by prior arrangement with the physician.

If you need to consult with your attending physician, we recommend doing this during afternoon hours (usually between 1 p.m. and 3:30 p.m.). This is individual and subject to prior arrangement.

The surgical inpatient department only admits clients based on advance scheduling. Therefore, the agreed length of hospitalisation, admission, and discharge days must be adhered to. Changes are only possible for serious personal or medical reasons, with the prior approval of the senior consultant.

It is highly recommended to take the time to read more information about the running of the hospital and its paid services.

We wish you a comfortable stay.

DO NOT FORGET TO BRING WITH YOU

WHAT TO BRING TO THE ORTHOPAEDIC DEPARTMENT

- Reports on all pre-operative examinations
- X-rays for the surgery, if available
- Identity document
- Document of travel medical insurance
- Personal and sanitary articles
- Chronic medication in its original packaging

WHAT WE PROVIDE IN OUR DEPARTMENT

- Towel
- Hospital nightdress



CONTACT PERSON

FEEL FREE TO CONTACT US
WITH ANY ENQUIRY



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PATIENT HEALTH, HUMANITY, HELPFULNESS



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